



Invite Ignite Inspire

Aldergrove Public School
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APS Guiding Questions:

Who am I?

Who are you?

Who are we together?

APS - Seven Values

Citizenship

Empathy

Inclusivity

Innovation

Relationships

Self-Awareness

Optimism

Inspire Learning!

Aldergrove Public School Community Newsletter

March 1, 2024, Vol. 13

Message from the Office

Moving into the month of March signifies for many the changing of the seasons and the arrival of Spring. To ensure that scholars are setting a plan for positive interactions and improving instructional learning, we have repeated our Safe and Caring Schools presentation to grades 1-8. We want families to engage in purposeful conversations about student behaviour with their children. Our educators are providing effective instruction and scholars need to ensure their focus at school is learning.

We continue to enjoy many diverse and engaging activities here at Aldergrove. On February 28, Aldergrove students and staff participated in "Pink Shirt Day" in support of our stance against bullying. Please continue to speak with your child about their role as an upstander to bullying.

We look ahead to March Break and hope that time is refreshing and relaxing for you and your children.

Partners in education,

Ms. Jessa
Principal

Mr. Pamayah
Vice Principal

Resources for Families

[Guide to the School Year](#)

[Student Mental Health and Addictions Newsletter - March](#)

[York Hills Positive Parenting Seminars](#)

[The Centre for Black Student Excellence Newsletter - February](#)

[Markham Public Library](#)

[Aldergrove Archives: Past Newsletters and School Council Minutes](#)

School Schedule

8:15 am - staff on duty outside (scholars stay outside until entry bell, except when it's raining)

8:25 am - entry bell

8:30 am - learning block

10:10 am - 10:40 am recess

10:40 am - 12:20 - learning block

12:20 pm - 1:20 pm lunch

1:20 pm - 3:00 pm learning block

3:00 pm - dismissal

Safe Arrivals:

Please be on time for school. If your child is late or will be absent, please inform the school office or use EDSBY to share this information.

School Council

Please take a look at the dates planned for meetings this year and mark them on your calendar. Child care and language translation is provided at each meeting.

- Thursday, March 7 - Drumming Event 6:30-8:00 pm
- Friday, April 19 Staff Appreciation Luncheon
- Thursday, April 25 Planning for Aldergrove Eats
- Thursday, May 16 4th Council Meeting 7 pm
- Thursday, May 30 Aldergrove Eats

You can access past School Council Minutes [here](#).

International Women's Day

YRDSB proudly recognizes the significance of International Women's Day (IWD) as an intentional opportunity to elevate and amplify female empowerment worldwide and to celebrate women's social, economic, cultural, academic, and political achievements locally and globally through antiracist and anti-oppressive ideologies and practices.

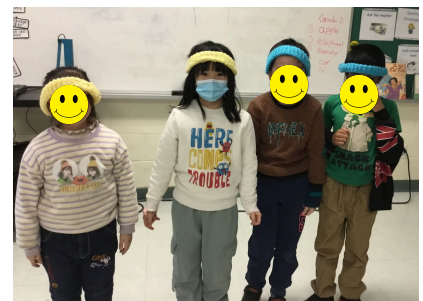
International Women's Day has been recognized for over a century, with the first IWD gathering of over a million people in 1911. In 1977, the United Nations General Assembly adopted a resolution calling on member states to proclaim a day for women's rights and gender parity. Following the United Nations' lead, Canada declared March 8 as International Women's Day. To achieve a gender equal world, it is essential to notice and name the existing inequality and examine and challenge unconscious biases and harmful gender-based stereotypes. The IWD 2024 campaign theme is [Inspire Inclusion](#).

When we inspire others to understand and value women's inclusion, we forge a better world. And when women themselves are inspired to be included, there's a sense of belonging, relevance and empowerment. The [#InspireInclusion](#) campaign aims to forge a more inclusive world for women.



Knitting Club

Ms. Ravisankar and Ms. Schmid have been leading the Aldergrove Knitting Club over the winter months to create some amazing headbands. This has been a collaborative effort with our older and younger scholars being involved in the club.



Bus Loop News

Our staff, scholars' and community safety is of our utmost concern. It is important that you follow the direction of the staff on duty and always be careful when entering and exiting the loop and/or parking lot. For the month of March, we would like you to consider how you exit the Bus Loop. Traffic can become congested and it may take a long time to turn left onto Aldergrove Drive. We often observe the whole Bus Loop being stuck because of one person waiting to turn left. We are also asking drivers to refrain from honking their car horns. Safety is everyone's responsibility.



York Region Skills Challenge

On February 28, Aldergrove was represented at the York Region Skills Challenge. Our junior team placed 3rd in Character Animation and our Intermediate Team placed 3rd in Lego Mechanics. Congratulations to everyone and thank you to Ms. Dash and Ms. Harrison for being their coaches!



Report Cards

First Term Report Cards for scholars were electronically sent home last week. This process occurs throughout the whole board for all YRDSB students. Please check your child's GAPPS email account for the report card notification.

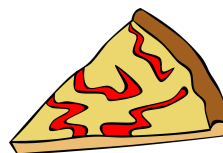


New! Term 2 Aldergrove Lunch Programs

Tuesday: Pizza Lunch, February 6-June 25.

Wednesday: Sushi Lunch, February 7-June 26.

Friday: Sub Lunch, February 9-June 21.



Textile Recycling Drive

Aldergrove will be starting a “Textile Recycling Drive” starting after March Break. Textile recycling helps to keep items that can be reused out of landfills through programs like the one available in Markham. Items that are not suitable for donation to thrift stores because they have holes, paint stains, or are single items can be recycled! Throughout Canada, about 500 million kilograms of textiles are sent to landfills where they take many, many years to break down. Textile recycling will help to greatly reduce this waste, and it’s so easy to do! Simply take your bag of dry, clean items free from hazardous chemicals or human fluids to any of the recycling hubs in Markham. Please go to this [website](#) for more information: More information will be available in the coming weeks for when we will start collecting in school and where you can drop off your items, but you may want to start your collection now. Thank you for your support!



Kindergarten Registration

Kindergarten registration for September 2024 begins January 19 for the 2024-25 school year. Children who turn four or five years old during 2024, live within the school boundary, and whose parents/guardians are public school tax supporters will be eligible to register for Kindergarten. There are several ways you can register for Kindergarten:

- Online - Families can access the online Kindergarten registration information at www.yrdsb.ca/kindergarten. It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.
- By email - Families can download the [Elementary School Registration Form](#) at www.yrdsb.ca/Kindergarten and email the completed form to their school email address. Email addresses can be found on the [school website](#).
- By phone - Families can request support to complete the registration form on their behalf by collecting the required information by phone. Families can request an interpreter, if needed, during this phone conversation. [Call your local school](#).
- In-person at the school - Families may visit the school office to drop off or complete a registration form.

Once you have completed your application, the school will contact you to make an appointment to review and verify the [required documents](#).

Our Kindergarten programs are caring and welcoming where children learn through exploration, play and inquiry. You can learn more at www.yrdsb.ca/Kindergarten. We look forward to welcoming our new students and families to the school.

The Boomerang Lunch Program at Aldergrove

HOW IT WORKS: All waste from your child’s snacks/lunches will be returned home in their lunch bags. This includes all packaging, uneaten food and leftovers.

BENEFITS: A Boomerang lunch provides you with information about the eating habits and preferences of your child. By carrying home the leftovers you can see what’s been eaten or not. Teachers see a huge amount of uneaten food go into the garbage day after day. This is not only wasteful but expensive. We know this is asking families to re-think food preparations and student actions but our hope is that informative discussions will take place and habits will change. Packing a waste free lunch not only helps the environment it can also result in healthier more nutritious

snack/lunches. Did you know that many pre-packaged foods contain significant amounts of salt, preservatives, sugar and fat?

Waste Free Snack/ Lunch Tips

1. Use reusable lunch carriers. Please avoid plastic or paper bags.
2. Use reusable containers. Please avoid plastic wrap, foil, wax paper, Styrofoam.
3. Use reusable drinks bottles or thermos. Please avoid single-use juice boxes, pouches, cans and plastic water bottles.
4. Use a cloth napkin and wash and re-use. Please avoid paper napkins.
5. Use silverware and wash and re-use. Please avoid plastic forks/knives.
6. Buy fresh fruits and vegetables and cut them up so you can send the right amount. Cutting and peeling fruit and vegetables makes it quicker and easier for your child to eat in their short eating time.
7. Get your children to help pack their snacks/lunches with healthy foods.
8. Only pack as much food as your child will eat.

Ramadan Starts on March 10, 2024

Ramadan is the ninth month of the Islamic calendar and begins on March 10 this year. This is a blessed month for Muslims as it is the month during which the teachings of the Qur'an were revealed. This is considered a time for Muslims to cultivate spiritual renewal through fasting, and an increased focus on prayer and contemplation, as well as a time to recommit themselves to practicing compassion and generosity for others.

Fasting:

Fasting from dawn to sunset during the month of Ramadan is one of the five prescribed tenets of Islamic practice.

Suhoor:

In preparation for each day, most Muslims who are fasting partake in a pre-dawn meal, called Suhoor or Sehri. Muslims are strongly encouraged to partake in this meal in preparation for the day's fast.

Iftar:

The fast concludes at sunset with prayer and a light meal called Iftar. The end of the fast is determined by sunset, at which time the Adhan (call to prayer) is recited, and Muslims consume their first food items of the day. These first items are traditionally water and dates. Many masjids (mosques) and community groups will host Iftar meals for the public.

Tarawe'eh:

Tarawe'eh prayers are performed only during the month of Ramadhan by some Muslim communities. These prayers take place in congregation following the night prayer. The whole Qur'an is recited over the course of the month during Tarawe'eh prayers.


Students at Aldergrove who are fasting for Ramadan can use the library during lunch time (12:20-12:40). The Quiet Space Room (Room (119) may be used for prayers during the day.



March 2024

 The Breakfast Program is **OPEN** every day from 8:00 - 8:25 am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Day 2 Sub Day 	2
3	4 Day 3	5 Day 4 Pizza Day 	6 Day 5 Sushi Day 	7 Day 1 Aldergrove Drums 6:30	8 Day 2 International Women's Day Sub Day 	9
10 Ramadan Starts	11 March Break No School	12	13	14	15	16
17	18 Day 3	19 Day 4 Pizza Day 	20 Day 5 Sushi Day 	21 Day 1 Nowruz Naw-ruz	22 Day 2 Sub Day 	23
24 Purim	25 Day 3 Holi	26 Day 4 Pizza Day 	27 Day 5 Sushi Day 	28 Day 1 Spirit Day: Wacky Word Day	29 Good Friday No School	30

 Phone: (905) 470-2227

 Email: aldergrove.ps@yrdsb.ca

 Twitter: @aldergroveps

Aldergrove Public School Invites you to a Parent and Child Event:



Aldergrove Drums



With Drums et Al featuring Babarinde "Baba" Williams

When: Thursday,
March 7, 2024
Time: 6.30-7.30 pm

[Register Here](#)

Where: Aldergrove
Public School (Gym)



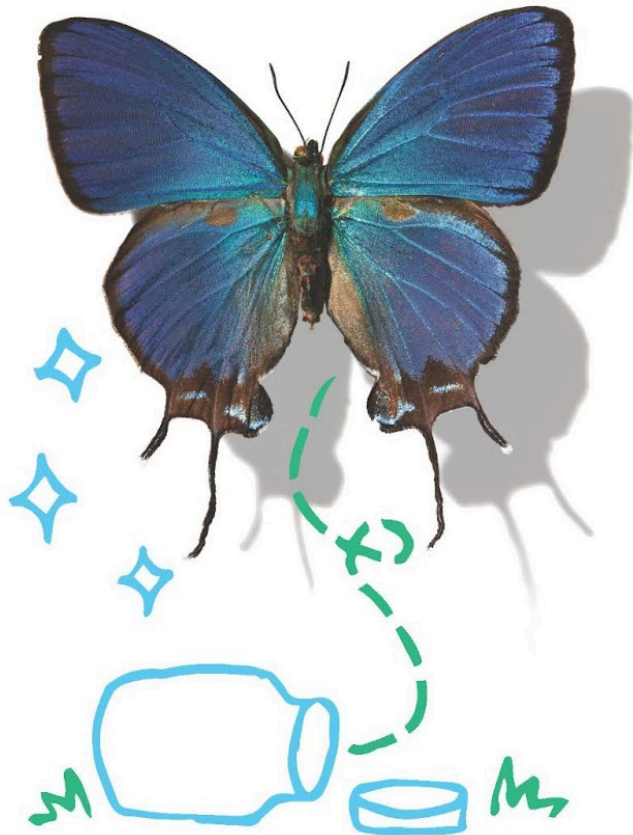
Ages: Grade 4-8

This is a free event for parents and children. Please register soon as space is limited.



Drummer and multi-instrumentalist, Babarinde Williams "Baba" is the founder and CEO of Drums et al. For two decades he has been a positive force in the drumming community of Ontario. He is regarded as one of Canada's most prolific and respected drumming instructors.

Live the
Adventure.

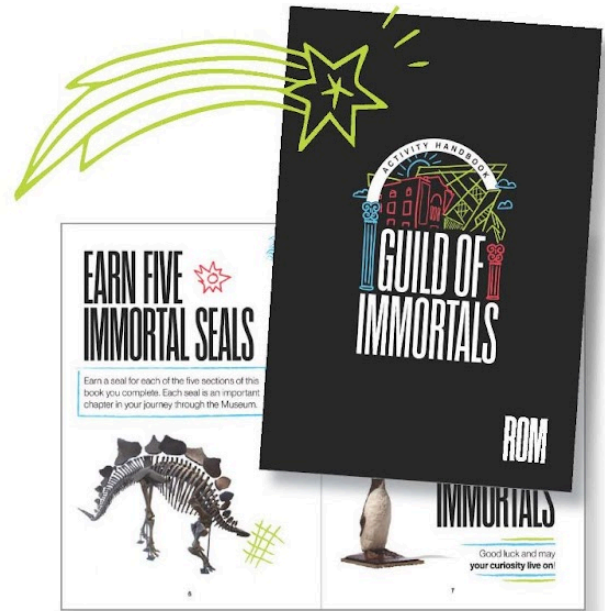


15% OFF
ROM ADMISSION

Book tickets at rom.ca
Enter promo code
YRDSB15

ROM

TERMS & CONDITIONS: Offer valid until April 30, 2024. Valid for 15% off per admission ticket. Limit 4 guests per coupon. Cannot be combined with other offers. Offer not valid on ROM School Visit bookings. ROM is an agency of the Government of Ontario.



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THIS ADVENTURE.
LIVE IT.**



Introducing the
Guild of Immortals
A new kids' program
exclusively for ROM Members.



Save 15% on a Family Membership.*
rom.ca/guild promo code **GUILD**

*Valid only on new 1-year ROM Family memberships purchased online and onsite with promo code GUILD. Offer expires March 31, 2024. Offer subject to change without notice and cannot be combined with other offers or discounts. To enquire about this offer call 416 586 5700.



KINDERGARTEN REGISTRATION

There are several ways you can register your child for Kindergarten

Option 1: Online

Register online by visiting www.yrdsb.ca/kindergarten.



Option 2: Phone

Register by calling the school to request support to complete the registration over the phone. Interpreters available upon request.



Option 3: In Person

Visit the school office to drop off or complete a registration form.



Register in just two easy steps:

1






Complete registration form and submit to the school

2

The school will contact you to review and verify the required documents

MARCH 2024

No programs March 11-15, 2024 

	Monday	Tuesday	Wednesday	Thursday
Indoor Programs	<p>Learn and Play 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered</p>	<p>Family Yoga Time 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered</p>		<p>Storytime 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered</p> <p>  </p>
Virtual Programs	<p>#Bedtime Stories 6:30PM Facebook Live Birth-6 years unregistered</p>	<p>#Rhymes&Music 12:30PM Facebook Live Birth-6 years unregistered</p>	<p>#Storytelling 12:30PM Facebook Live Birth-6 years unregistered</p>	<p>#PlayandLearn 12:30PM Facebook Live Birth-6 years unregistered</p>
Outdoor Programs			<p>Nature Walk 9:30-11:00 AM Aldergrove Park Birth-6 years unregistered</p>	<p> </p>

Program Descriptions

Family Yoga Time - This interactive, indoor program is designed specifically for the energetic and curious nature of children Birth to 6 years of age. This program will introduce basic yoga concepts in a fun and age-appropriate manner, promoting physical activity, flexibility, relaxation and mindfulness for both children and their caregivers and also nurtures their social and emotional well-being in a playful and creative setting.

Storytime - The Storytime program is a delightful and educational experience for children. Storytime sessions typically feature a selection of age-appropriate books and stories, often centered around a theme such as friendship, animals, or adventure. Parents and caregivers are encouraged to participate, helping to make it a fun and enriching experience for the whole family.

Learn and Play - This indoor program follows a developmental approach aimed at fostering the cognitive, emotional, social, and physical growth of children from birth to six years old through interactive and enjoyable activities. The focus is to provide learning through free play and build positive relationship amongst families. **Special events:** March 7 - Ramadan Art and Crafts celebration and Food Drive: Growing Kindness with young children & March 28- Springtime Sprouts: Easter Crafts for children.

#Storytelling - Snuggle up in a cozy spot at home and get ready to relax and enjoy a story.

Nature Walk - Nature walk is a nature-based outdoor program tailored for children aged 0-6 years, dedicated to fostering a deep connection with the natural world. Through immersive experiences, our program aims to instill a sense of wonder and appreciation for the environment while promoting holistic development and a lifelong love for nature. Located at Aldergrove Park.

#PlayandLearn - Join us on Facebook for parents and caregiver to learn different hands-on, open-ended activities for children.

#Rhymes&Music - Join us on Facebook for a lively, interactive session designed to engage young minds with rhythm and melody. Through age-appropriate songs and playful rhymes, children can explore language development, coordination, and social interaction in a fun, stimulating environment.

#BedtimeStories - Join us live on Facebook for dreamland tales is an enchanting online bedtime stories program created to make the bedtime routine a magical and educational experience for children.

Learning Together Conference:

A face-to-face session for the parents, caregivers, and their kindergarten children.

Together, the family members will engage in fun and interactive workshops and other learning opportunities. Each family will receive a Learning Together Conference Bag with books and resources. at the in-person session. Door prizes throughout the conference.

Part One: (Virtual) Thursday February 29 6:30-8:30 pm Register @ <https://docs.google.com/forms/d/e/1FAIpQLSesD3qNL00HF9MzZC-x85E0Hm-udLZnjbwFqNTokMDuq9yA/viewform>
Part Two: (In-Person) Saturday, March 2 8:30 - 11:30 a.m. Register @ <https://www.eventbrite.ca/e/learning-together-conference-experiencing-the-joy-of-kindergarten-tickets-779723944307?aff=ebdssbdestsearch>
OR 1:00 - 4:00 p.m. Register @ <https://www.eventbrite.ca/e/learning-together-conference-experiencing-the-joy-of-kindergarten-tickets-779739982277?aff=ebdssbdestsearch>


Join our private Facebook group for virtual programs, by visiting: <https://www.facebook.com/groups/markhamcapc>



2024年3月日程表

2024年3月11日至15日無節目



	週一	週二	週三	週四
室內活動	边玩边学 上午9:30到11:30 Aldergrove 公立学校 0-6岁 面授	幼儿瑜伽节目 上午9:30到11:30 Aldergrove 公立学校 0-6岁 面授		讲故事 上午9:30到11:30 Aldergrove 公立学校 0-6岁 面授
在线活动	##睡前故事 Facebook 在线 晚上6:30 pm	##韵律与音乐时光 Facebook 在线 中午12:30	##故事会 Facebook 在线 中午12:30	##边玩边学 Facebook 在线 中午12:30
户外活动			大自然散步 早上9:30到11:00 Aldergrove 公园	 有孩子九月以上上幼兒園嗎? 如果是這樣, 請查看即將於3月2日舉行的共同學習會議。資訊如下。

節目描述

特別活動:

2024年3月7日, 星期四, 新月藝術和手工活動; 新月食物捐贈活動: 讓踴躍學語的孩子感受友善和關愛。

2024年3月28日, 星期四, 在春天之始, 我們一起做復活節手工吧。

室內活動: 每周一、周二和周四的上午, 我們面向0至6歲孩子家庭提供室內活動。活動將採取現場參與, 無需提前註冊。直接來到Aldergrove 公立學校, 加入我們!

戶外活動: 每周三上午, 我們面向0至6歲孩子的家庭開展戶外活動。該活動旨在幫助家長與孩子們加強體育鍛煉, 保持身心健康。

Facebook活動: 歡迎加入 @CAPCMarkham 在Facebook上的頁面去聯繫我們的教育工作者得到以上所有活動信息吧!

- 幼儿瑜伽节目: 这个室内活动适用于0至6岁的儿童。“幼儿瑜伽节目”是一个充满欢乐和互动的活动, 专为幼儿充满活力和好奇心的特点而设计。这个富有趣味和引人入胜的活动以一种有趣和适龄的方式介绍基础的瑜伽概念, 有助于促进幼儿和他们的照顾者的身体的灵活性、肌肉放松和思想放空。此外, 在一个富有创意和趣味的环境中, 它还有助于幼儿和照顾者的社交和情感健康。
- 故事时间: “讲故事”活动为0-6岁的孩子准备适合年龄层次的各种故事书籍, 通常围绕着友谊、动物或冒险等有趣的主题展开。这个活动是一个愉快的亲自教育过程。父母和照顾者被鼓励一起参与, 与孩子和教育者一起经历一个有趣和充满智慧互动的书海之旅。
- 边玩边学: 这个节目是为0-6岁孩子和他们的照顾者准备的。旨在提供从自由玩乐中学习到各种技能, 并且有助于促进亲子关系。该活动位于Aldergrove 公立学校101教室。
- 大自然漫步: 该活动是专为0至6岁儿童量身定制的以自然为基础的户外活动项目, 致力于培养与自然界的深刻联系。通过沉浸式的户外体验, 我们的项目旨在灌输对环境的惊奇和欣赏之情, 同时促进全面发展和终身热爱自然。
- #边玩边学: 在Facebook上与我们一起在线参与这些专门为父母和照顾者设计的创作DIY活动吧。
- #故事大会: 在Facebook上与我们一起在线聆听并享受各种故事。
- #睡前故事: 在Facebook上与我们一起聆听睡前故事, 旨在使睡前的例行活动成为对儿童既神奇又有教育意义的体验。
- #韵律与音乐时光: 在Facebook上与我们一起欣赏音乐, 该活动旨在吸引年轻的心灵, 让他们沉浸在节奏和旋律的乐趣中。通过适合年龄的歌曲和富有动感的韵律, 幼儿将在一个有趣而刺激的环境中探索语言发展、协调能力和社交互动。

共同學習會議:

為家長、照顧者及其幼兒園孩子舉辦的面對面會議。

家庭成員將一起參加有趣的互動研討會和其他學習機會。每個家庭都會收到共同學習會議包, 裡面有書籍和資源。在現場會議上。整個會議期間都有禮品。

第一部分: (虛擬) 2月29日星期四下午6:30-8:30 註冊@ <https://docs.google.com/forms/d/e/1FAIpQLSesD3qNLO0HF9MzZC-x85E0Hm-udLZnjebwFiqNTokMDue9yA/viewform> 3月2日星期六上午8:30-11:30 註冊@ <https://www.eventbrite.ca/e/learning-together-conference-experiencing-the-joy-of-kindergarten-tickets-779723944307?aff=ebdssbdstsearch> 或下午1:00-4:00註冊@ <https://www.eventbrite.ca/e/learning-together-conference-experiencing-the-joy-of-kindergarten-tickets-779739982277?aff=ebdssbdstsearch>

造訪: <https://www.facebook.com/groups/markhamcapc> 加入我們的虛擬私人 Facebook 群組

